

Community Newsletter

Upcoming Events

Jack O'Lantern Jamboree

Sun., Oct. 25, 2015
Kinnelon High School
4-6 PM

Beefsteak Fundraiser

Sat., November 21st, 2015
Pompton Lakes Elks Lodge
7 PM

NJ Devils VS. Calgary Flames

Tues., January 19th, 2016
Prudential Center
7:00 PM

Save The Date!

Casino Night

Sat., March 19th, 2016
Rt. 23 AutoMall
Doors Open: 6:30 PM

For more information
e-mail Stephanie
slajam@pushtowalknj.org
or call 862-200-5848

8th Annual Golf Outing Results Client Spotlight: James

Thank you to all those who came out and supported our 8th Annual Golf Outing at the Knoll West Country Club. This year we had 104 golfers and additional guests for our dinner banquet. We are thrilled to announce that we were able to raise about \$49,000! This includes funds from Raise Your Paddle, which will go directly to a Rifton TRAM Walker for the gym. The walker combines three powerful functions in one device: gait training, sit-to-stand transfers, and seated transfers and we are very excited to share this with our clients.



Since starting at Push to Walk in July, 2014, James has increased range of motion and strength in all extremities and is now able to support himself in a seated position on his own.



He has improved control in his legs to the point where he can move them in a walking pattern with little assistance while supported on the treadmill. James has also continued to build strength and has increased his weight bearing on the RT 600 by 5 %. He has made strides in his progress at Push to Walk and this can be seen in his 20 lb weight-loss since he first came through our doors. Keep up the great work, James!

Push to Walk Staff Attends Working to Walk Symposium

Several Push to Walk trainers and our President, Cynthia Templeton, attended the 10th Annual Working to Walk Symposium in Bethesda, MD on Sept 27-28, 2015. The conference consisted of two days of speaking engagements, information/research sharing and networking among advocates, researchers and medical professionals in the paralysis community.

A stand out speaker was Joshua Basile, a C4-5 quadriplegic whose refusal to give up on his dreams led to him becoming the founder of a non-profit and an online mentoring platform. Determined2heal and SPINALpedia.com are both resources for the SCI and paralysis community.

Joshua also continued his education to become a lawyer and actively fights on behalf of the catastrophically injured.

In addition to speakers and presentations, various vendors and organizations specializing in therapies and adaptive sports were also exhibiting. Our team was able to meet other organizations similar to Push to Walk, and discuss and compare programs and ideas.

Overall, the Push to Walk staff was exposed to groundbreaking research and able to see where certain research for this community began and how far it has progressed. New connections were formed and future collaborations were discussed that our team is excited to bring back to Push to Walk and get started on.