

## Community Newsletter

### Upcoming Events

3<sup>rd</sup> Annual Beefsteak  
Sat., Nov. 4<sup>th</sup>, 2017  
Oakland, NJ

#### 2017 Open House Dates

Wed., October 18<sup>th</sup>  
Wed., November 15<sup>th</sup>  
Wed., December 20<sup>th</sup>

Call 201-644-7567 to schedule  
a time for a personal tour, or  
just drop in to visit between  
11am-1pm.

For more information  
e-mail Stephanie  
slajam@pushtowalknj.org  
or call 201-644-7567

### 10<sup>th</sup> Annual Charity Golf Outing



THANK YOU to everyone who supported the 10<sup>th</sup> Annual Charity Golf Outing on September 18. From the 120 golfers and 60 dinner guests to all the sponsors and in-kind item donors, your generosity through this largest annual fundraising event will help keep costs for clients as low as possible. Here are some highlights of the evening:

- ❖ Cynthia Templeton, Push to Walk's Founder who just retired last December, was honored. Her son, Co-Founder and client, Darren Templeton, presented his mom with the "Pushing Further Award." In her heartfelt acceptance speech, Cynthia talked about Push to Walk's origins in its simplicity: "an injury – an idea – a community."
- ❖ The "Raise Your Paddle for a Cause" portion of the evening raised gifts from \$25 to \$2,500 to purchase a new piece of equipment chosen by the trainers: a Galileo Delta Tilt Table. Guests were excited to learn that an **anonymous donor** offered to match up to \$10,000, with any funds over the cost of the equipment to go toward the Client Scholarship Fund. A total of **\$30,225** was raised, including the match! THANK YOU to the generous anonymous donor who helped to raise this record-year amount for these two crucial needs!

### IRA Charitable Rollover- Now Permanent

Congress made this permanent in 2015: If you do not need your IRA required minimum distribution (RMD), you can donate it directly to Push to Walk as an IRA Charitable Rollover. If you are 70½ or older, you can donate (non-tax deductible) up to \$100,000 by December 31<sup>st</sup> per tax year, which would not be treated as federally-taxable income. Please consult your tax advisor, and give us a call if you'd like to pursue this very generous giving option!

### Client Spotlight: Keith



Keith started at Push to Walk in April 2017 and immediately committed to working hard during every session. Keith utilizes many pieces of equipment during his workouts. He engages in walking with the treadmill and Gait Harness System walker, and completes weight bearing exercises on the Total Gym and in the Standing Frame. He has been experiencing increased voluntary movement in his legs, as well as good hip flexion on the treadmill, and has increased core muscle strength. Keith's muscle endurance on the RT 200 has improved as well, as he is able to maintain steady contractions for a longer duration with the electrical stimulation. His positive attitude and incredible work ethic is evident to all that train with him. Way to go Keith!

### Recurring Gifts



Maybe you meant to send a gift to Push to Walk, but forgot to mail the check. Perhaps you are looking for an easy way to support client programs with several gifts throughout the year. Well, here is the solution to either scenario: you can set up a recurring gift!

Recurring gifts are made on a weekly, monthly, quarterly or semi-annual basis. The dollar amount you choose is automatically deducted on your credit card and sent to Push to Walk. Plus, you can opt to receive one annual acknowledgment letter for tax purposes. Watch your gifts add up to a whole lot of programs and workouts for Push to Walk clients!

Please visit <https://app.etapestry.com/onlineforms/PushtoWalk/recurring-donation.html> to set up your recurring gift – and thanks!

### Grants & Donations Recently Received

A long-time supporter, the Norman & Bettina Roberts Foundation made a generous \$3,500 unrestricted grant to support the entire organization.

The Integra Foundation awarded its second grant to Push to Walk; the funds will go toward the Client Scholarship Fund. We appreciate their continued support.