

Community Newsletter

Year End Giving



Push to Walk clients work hard year round to maintain their physical health and wellness through our individualized intensive exercise program. Please consider making a gift to continue providing these services not found anywhere else in the northern New Jersey area. Your donation will directly provide services to our clients. You can be sure that your gift is helping many people continue their journey at Push to Walk after a life changing injury or illness. **Please visit**

<https://app.etapestry.com/cart/PushtoWalk/default/index.php> to make your donation today.

Remember, A Little Push Goes A Long Way!

Upcoming Events

2017 Open House Dates

Wed., December 20th

Call 201-644-7567 to schedule a time for a personal tour, or just drop in to visit between 11am-1pm.

9th Annual Casino Night

Sat., March 10th, 2018
Route 23 Auto Mall
Butler, NJ

Team Push to Walk at the NJ Marathon

Sun., April 29th, 2018
Long Branch, NJ

11th Annual Golf Outing

Mon., Sept. 17th, 2018
Parsippany, NJ

For more information
e-mail Stephanie
slajam@pushtowalknj.org
or call 201-644-7567

Client Spotlight: Blagica



Blagica started at Push to Walk in April 2017 and always shows up with a smile on her face and ready to work. Since her start, Blagica can now walk with a quad cane, plank for 1 minute and perform sit to stands from a chair – all with minimal assistance! She has also greatly improved her gait through buddy walking as she stands up a lot straighter, points her toes forward, and her steps are almost even. In addition to her commitment during her workouts, Blagica is always willing to help out and was a featured client at our September golf outing. Amazing job, Blagica!

Calling All Runners



Team Push to Walk will be heading down to Long Branch on Sunday, April 29th, 2018 for the NJ Marathon once again this coming year. Looking to fill your 2018 race calendar? Be part of our team and help raise funds and create awareness for Push to Walk!

If you are interested in participating in the Half, or Full Relay, or Full Marathon as part of our team, please email slajam@pushtowalknj.org for more information.

Executive Director's Departure

After deliberate and thoughtful consideration, Push to Walk's Board of Trustees made the decision to take another approach to leadership of the organization in November 2017. Push to Walk no longer has a full time Executive Director, and is grateful to Dave Font for his leadership in establishing us in our new facility and for the many relationships he formed for us in the local and medical communities. We wish him the best in his future endeavors.

The Board has been working diligently on a strategic plan, which will include leadership succession. Our Founder, Cynthia Templeton, is working with us on an interim basis.

Sincerely,

Paul Sutor

Board of Trustees Chair

Grants & Donations Recently Received

The Kessler Foundation generously granted \$10,000 toward the Client Scholarship Fund. We are grateful for their continued support through their Special Initiatives Grants Program.

Welcome to the Leadership Initiative major giving circle!

Donna and Harry Rosen made a first-time donation that also was an incredibly generous major gift of \$5,000.

Founding Board Chair, Ralph Rathyen, and his wife Barbara made a generous \$5,000 donation, also becoming Leadership Initiative members. They also made their gift through Facebook's Giving Tuesday, so we hope to receive a match on a portion of their gift from the Gates Foundation.