

Upcoming Events

2018 Open House Dates

Thurs., September 27
Tues., October 23
Thurs., November 19
Tues., December 18

Call 201-644-7567 to schedule a time for a personal tour, or just drop in to visit between 11am-1pm.

4th Annual Beefsteak

Sat., Nov. 3rd, 2018
Bloomingdale Fireman's Hall--Bloomingdale, NJ

For more information
e-mail Stephanie
slajam@pushtowalknj.org
or call 201-644-7567

11th Annual Charity Golf Outing



Thank you to everyone who supported the 11th Annual Charity Golf Outing on September 17th. From the 85 golfers and 30 dinner guests to all the sponsors and in-kind item donors, your generosity through this largest annual fundraising event will help keep costs for clients as low as possible. Here are some highlights of the evening:

- ❖ Robert & Amanda Snyder, long-time Push to Walk supporters, were honored for their overall dedication to the organization and their continued involvement as part of Team Push to Walk in the NJ Marathon. Over the past 6 years they have recruited 18 runners and helped raise \$60,000!
- ❖ The "Raise Your Paddle for a Cause" portion of the evening raised gifts from \$25 to \$2,500 to not only help secure funding for the purchase of the Xcite FES rehabilitation therapy system, but also provide staff training for the new equipment, and contribute to the Push to Walk Client Scholarship Fund to allow clients with financial need to continue in the program and benefit from new equipment purchases.

Push to Walk Beefsteak

Push to Walk will hold its 4th Annual Beefsteak on Saturday, November 3rd at the Bloomingdale Fireman's Hall at 7PM. Tickets are \$50 a person and include delicious food, beverages, bread tower contest, and 50/50 raffle.

To purchase tickets please contact Kate Wolfe at 201-644-7567 or kwolfe@pushtowalknj.org by October 25th.

Working 2 Walk Vancouver



Five members of the Push to Walk team will be heading to Vancouver, Canada in mid-October to attend the Working 2 Walk Science & Advocacy Symposium. This annual two-day conference hosted by Unite 2 Fight Paralysis brings together scientific researchers, community members, and advocates to discuss and learn the latest in paralysis research and curative therapies. Staff development is crucial to Push to Walk's success and Working 2 Walk's presentations and panel discussions provide unparalleled knowledge on spinal cord injuries and paralysis to assist in continued improvement of the organization's program.

Client Spotlight: Stefan



Stefan has made great progress since joining Push to Walk in March of 2018. In the beginning he had felt a great deal of pain in his tailbone area, had a lot of tone (tightness), and little strength in his upper body. Now he can reach up to his chin with little help and is experiencing less pain in his tailbone. His tone has decreased, while he also has built up some strength from his favorite machine, the Total Gym. More recently, he has been able to flex his feet, sit and balance himself with minimal assistance and just started using functional electrical stimulation. Stefan is very consistent with his workouts and always strives to be better each day, proving that nothing stands in his way!

Grants & Donations Recently Received

The second gift of a 2018 multi-part pledge was received from the S. Rubenstein Family Foundation in support of Push to Walk's program and clients. Investors & Integra Foundation each granted \$500 to the Push to Walk Client Scholarship Fund.