

Community Newsletter

Upcoming Events

2019 Open House Dates

Thurs., July 11th
Thurs., August 29th
Tues., September 10th
Thurs., October 24th
Tues., November 12th
Thurs., December 19th

Call 201-644-7567 to schedule a time for a personal tour, or just drop in to visit between 11am-1pm.

12th Annual Golf OutingMon., Sept. 16th, 2019
Parsippany, NJ

Beefsteak Sat., Nov. 9th, 2019 Bloomingdale, NJ

For more information e-mail Kate kwolfe@pushtowalknj.org or call 201-644-7567

12th Annual Charity Golf Outing



Push to Walk's 12th Annual Charity Golf Outing will be held Monday, September 16th at The Knoll Country Club (West) in Parsippany, NJ. The event will honor longtime supporters, Ralph Rathyen and Barbara Purdy. The event is an all-day affair including lunch, a round of golf, cocktail hour and dinner banquet. Golf registration is handled on a first come first serve basis and spots fill up quick! Guarantee a day of fun outside of the office to close out the summer season by registering today!

Not a golfer? Join for cocktail hour and dinner banquet featuring silent auction and 50/50 raffle!

Sponsorship opportunities at every giving level and registration details are available on the event site:

https://pushtowalknj.ejoinme.org/MyEvents/12thAnnualCharityGolfOuting/Registration/tabid/1059001/Default.aspx

Become a Member of the PTW Board

Push to Walk has needs beyond just financial donations. The organization relies on the expertise and knowledge of business and community professionals—especially board members—to help advance its mission. The PTW Board is made up of individuals whose dedication to the cause compelled them to be more involved.

The non-profit would like to take this opportunity to see if any of its supporters would be interested in joining the Board of Trustees. Serving on the Board and bringing unique knowledge, energy, and expertise to the table is something that can not only benefit the organization but the individual as well.

Interested in being a part of this amazing organization? Please email Tony Aceti, Board Chair at aceti.cpa@gmail.com or Steve Jekogian, Board Trustee at stevejekogian1@gmail.com.

2019 Team Push to Walk



On Sunday, April 28th Team Push to Walk came together for its 9th year in a row participating in the Novo Nordisk New Jersey Marathon. The team consisted of 3 clients who rode in hand cycles with 13 friends. Team Push to Walk's 2019 team helped the organization raise over \$17,000!

If you or anyone you know may be interested in joining the team in the future, please email slajam@pushtowalknj.org.

Client Spotlight: Keith



Keith raced in the NJ Half Marathon on April 28th. When he had mentioned to his trainer that he wanted to raise awareness for spinal cord injuries, she suggested that riding the handcycle to represent Push to Walk might be a good start. He jumped at the opportunity and started training right away. Keith cycled outside twice a week in the fall of last year and used the SciFit (arm ergometer) during winter to keep improving his cardiovascular strength and familiarize himself with pacing. He returned to training outdoors with less than a month before race day!

Keith completed his 13.1 miles in 1:21:09 finishing in 2nd place for the wheelchair division. The entire team at Push to Walk cannot wait to see where this new passion takes Keith in the future!

Grants & Donations Recently Received

\$5,000 was granted to Push to Walk from the Kearny Federal Savings Charitable Foundation.